



## JOGA VIKEND

18. 5. - 19. 5. 2019

### SOBOTA, 18. 5. 2019

- 9.30–Jutranje prebujanje** (zbor na hotelski recepciji)
- 11.00–Joga v bazenu** (bazenski kompleks 4. nad.)
- 13.30–Joga flow** (zbor na hotelski recepciji)
- 15.00–Joga v bazenu** (bazenski kompleks 4. nad.)
- 17.00–Joga v bazenu** (bazenski kompleks 4. nad.)
- 20.00–Joga za sladki spanec** (zbor na recepciji hotela)

### NEDELJA, 19. 5. 2019

- 10.00–Jutranja joga** (zbor na recepciji hotela)
- 11.30–Joga v bazenu** (bazenski kompleks 4. nad.)
- 14.00–Joga flow** (zbor na hotelski recepciji)
- 15.00–Meditacija** (zbor na recepciji hotela)
- 16.00–Joga v bazenu** (bazenski kompleks 4. nad.)

## YOGA WEEKEND

18. 5. - 19. 5. 2019

### SATURDAY, 18. 5. 2019

- 9.30–Morning awakening** (assembly at the hotel reception)
- 11.00–Yoga in the pool** (pool complex 4th floor)
- 13.30–Yoga flow** (assembly at the hotel reception)
- 15.00–Yoga in the pool** (pool complex 4th floor)
- 17.00–Yoga in the pool** (pool complex 4th floor)
- 20.00–Bedtime Yoga** (assembly at the hotel reception)

### SUNDAY, 19. 5. 2019

- 10.00–Morning Yoga** (assembly at the hotel reception)
- 11.30–Yoga in the pool** (pool complex 4th floor)
- 14.00–Yoga flow** (assembly at the hotel reception)
- 15.00–Meditation** (assembly at the hotel reception)
- 16.00–Yoga in the pool** (pool complex 4th floor)



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